

3 DIY Beard Oil Recipes & How to Use Them

Written by Kiley Gwynn on November 11, 2018.

I've enjoyed DIY-ing my own beauty products for years, and as I was whipping up a batch of hair serum, I realized I had everything I needed to make beard oil at home. The base of any great serum is pure plant-based oils. They help condition the beard and moisturize the skin underneath. A few of my favorite base oils for beards are organic jojoba oil, organic sweet almond oil, and organic rosemary herbal oil. I also love using organic argan oil for hair care recipes and have incorporated it into my Bourbon and Ginger formulation for some extra shine!

If the beard for which you're crafting the blend is pretty low-fuss, a good base oil and a few high quality essential oils might be all you need. If you're looking to rehab a dry or frazzled beard, adding nourishing oils like organic avocado oil, kukui nut oil, organic rosehip seed oil, or organic pomegranate seed oil can assist in upping the hydrating and skin softening power of your serum.

DESIGNING BEARD OIL SCENTS

Don't be intimidated by the thought of coming up with an aromatic profile. Crafting your own natural fragrance blend is much easier than it seems! When making your own skin and hair care products, the most exciting part can be choosing and experimenting with the essential oils. Since beards are located quite close to the olfactory senses, you'll want to choose scents the wearer will enjoy all day. Essential oils are natural herbal distillates, so they will fade and change throughout the day, leaving a milder experience than commercially produced products with synthetic fragrances.

Woody, citrusy, minty, and musky notes came to mind when thinking about crafting blends for my bearded friends. These are a few of the essential oils I've used in beard oils, listed by note type. Don't be afraid to experiment and have fun!

Top Notes: Fresh ginger, grapefruit, litsea cubeba, petitgrain, sweet orange

Middle Notes: Bay laurel, clary sage, Douglas fir, pink peppercorn, rosemary

Base Notes: cedarwood (Virginia or atlas), frankincense, vetiver

HOW TO APPLY BEARD OIL

The best time to apply a beard oil is fresh out of the shower to a towel-dried beard.

- Pour a small amount of oil into your palm. The bigger the beard, the more you'll need!
- Rub hands together.
- Run open palms and fingers through your beard until evenly distributed.
- Do you have leftover oil on your hands? Rub this botanical goodness into your hair or neck.
- Touch-up and refresh beard as needed throughout the day.

DIY Beard Oil Recipes

All three recipes make 1 ounce.

Active Time: 5 minutes

***WOODLAND CEDAR BEARD OIL:** This blend is like walking through the forest after a refreshing rain shower. It is woody, with a light sweet floral aroma and a crisp spicy finish.

INGREDIENTS

- 1/2 oz. organic jojoba oil
- 1/2 oz. organic avocado oil
- 7 drops Virginia cedarwood essential oil
- 3 drops organic pink pepper essential oil
- 2 drops organic clary sage essential oil
- 3 drops of vitamin E oil, optional

DIRECTIONS

1. Drip all essential oils into a glass bottle.
2. Roll between palms to combine essential oils.
3. Add jojoba oil, avocado oil, and vitamin E oil to bottle.
4. Roll between palms to combine mixture.

***CITRUS FLOURISH BEARD OIL:** This gently scented oil features uplifting spicy and citrus notes that are balanced by grounding vanilla and balsamic undertones.

INGREDIENTS

- 1/2 oz. organic jojoba oil
- 1/2 oz. organic avocado oil
- 7 drops Virginia cedarwood essential oil
- 3 drops organic pink pepper essential oil
- 2 drops organic clary sage essential oil
- 3 drops of vitamin E oil, optional

DIRECTIONS

1. Drip all essential oils into a glass bottle.
2. Roll between palms to combine essential oils.
3. Add jojoba oil, avocado oil, and vitamin E oil to bottle.
4. Roll between palms to combine mixture.

***BOURBON & GINGER BEARD OIL:** One of my favorite cocktails, the Kentucky Mule, served as the base inspiration for this beard oil. The spicy kick of the ginger balanced against the rich oak and vanilla notes is a drool-worthy combination. Note: like many great cocktails, this formulation requires a shake before each use!

INGREDIENTS

- 5 "drops" oakwood absolute – aim for equal parts fresh ginger
- 1/4 oz. organic vegetable glycerine
- 1/4 oz. organic argan oil
- 1/2 oz. organic almond oil
- 5 drops organic fresh ginger essential oil
- 2 drops organic rosemary essential oil
- 3 drops of vitamin E oil, optional

DIRECTIONS

1. Add oakwood absolute into a glass bottle.
2. Add vegetable glycerine and shake well to combine.
3. Add argan oil, almond, oil, fresh ginger essential oil, rosemary essential oil, and vitamin E oil to bottle.
4. Shake to combine.
5. Shake before each use.

Pro Tip: Adding a little vegetable glycerine to the mix helps cut the oil so it doesn't weigh down a glorious beard. Glycerine can be especially beneficial if you choose to blend a heavy absolute, like oakwood, into the mix.